

How to use PreSafe at home.

Sit down with your children and review the PreSafe chapters that are most pertinent for their age, abilities and home environment. Select which specific chapter topic or lesson you want them to learn and then either display or print out the lesson page. There are lessons for children from three to eight years old in these important topics!

Chapter 1

⊘ Means "NO" _____ Page 8

Chapter 2

Home Safety _____ Page 15

Chapter 3

Fire Safety _____ Page 31

Chapter 4

Water Safety _____ Page 53

Chapter 5

Road Rules _____ Page 64

Chapter 6

Lost? Look _____ Page 77

A great learning feature about PreSafe is having your children create their own safety images and thoughts. After they complete our lesson, have them turn over the page and let them visualize and then draw a safety situation that directly applies to them and their environment!

There are many ways to use PreSafe at home!

Below are some suggestions to get you started.
Have fun and get creative!

HOME SAFETY WEEK

Your own home safety week will be an opportunity to have great family fun and teach something really important! Monday through Friday gives you a chance to use each chapter as a daily theme. Select lesson pages from each chapter and use them in your home. Print out and post the Safety Smart Diploma for every lesson your child completes!



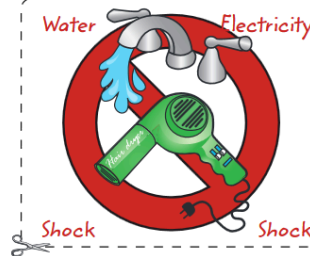
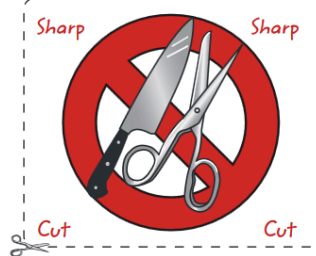
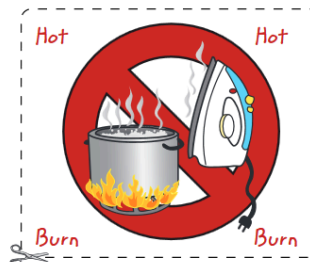
Monday



Means "NO"

!

Print out the "No" labels and apply them to hazards around the house like chemicals under the sink or in the garage. Medications, sharp items, hot surfaces or anything else that should not be touched or approached can be labeled. If your children are old enough, have them find the hazards to label. Tip: To safely remove the labels, print on paper, cut out and use adhesive tape to apply.



Tuesday



Home Safety Day is a great time to make a report card about how safe your home is. Remember, home is where the hazards are! As well as checking the house, check the environment. Check fire extinguishers, smoke detectors, sprinklers, locks on doors, etc. Get down on your hands and knees to see the world from your child's point of view to see hazards you may not notice. This is where you learn the most!

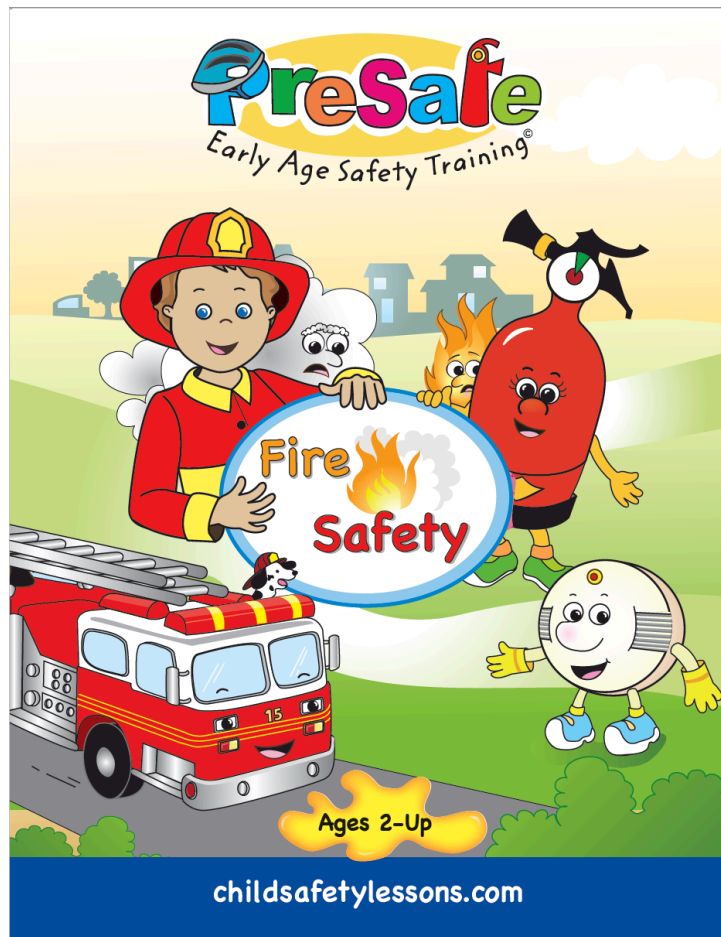


Wednesday

Fire Safety

For Fire Safety Day, inspect your smoke detectors and change batteries. Check the indicator on your fire extinguishers to make sure they have adequate charge. Learn about Snuff and Sniff and what they do. Teach them what the "ABC" rating means. Discuss and draw out an escape plan from your home, etc. Practice the Fire Safety Rhymes.

Explain how sprinklers work to put out fires in buildings.

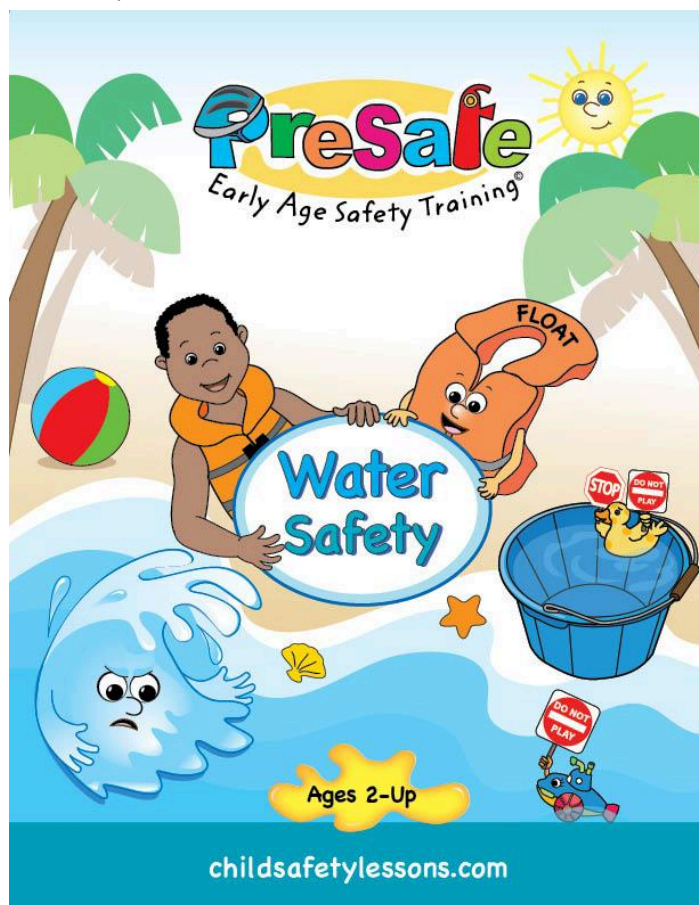


Thursday

Water Safety

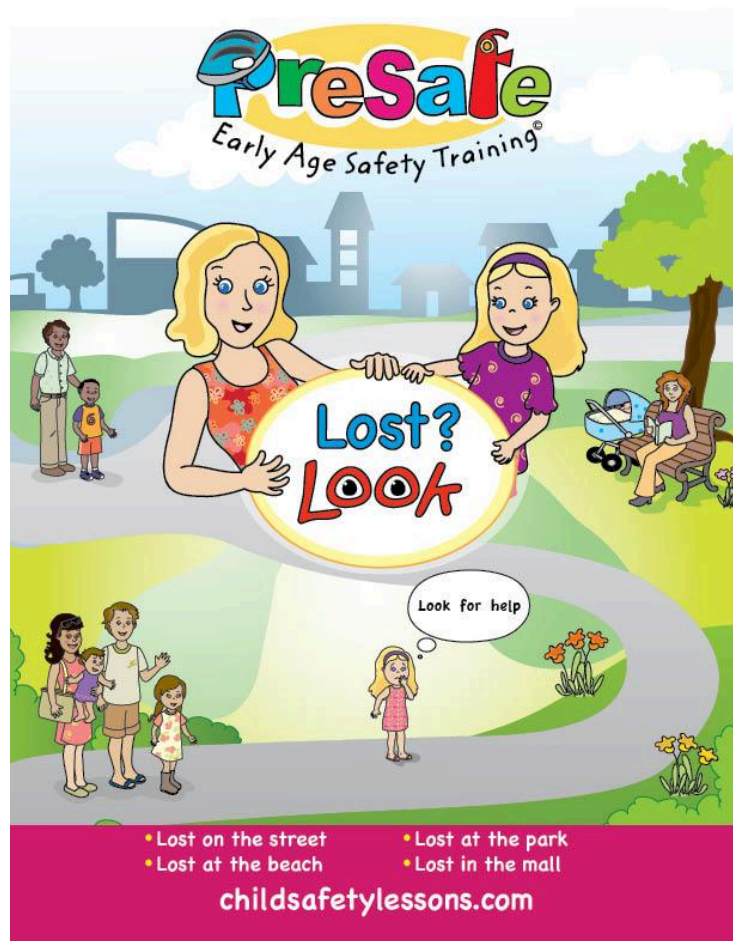
On Water Safety Day, take a tour of your water hazards. They are everywhere! Spas, bathtubs, cleaning tubs, troughs, wells, streams, sewers, showers, sinks, gutters, pools, buckets, hot water heaters, etc.

Place "No" stickers where necessary and talk about Float the Life Preserver. Practice the Water Safety Rhymes and talk about hot water and how it can burn your skin . Show burn first aid using cool water!



Friday

Lost? LOOK



When you're at home, have a family meeting to talk about what to do if you get separated while out in the community. When you're in public with your children, practice the "Lost? Look" action plan by having them look around a public place and point out the safe people they might talk to. Ask them what they would say to that person and how they would ask for help. Practice saying your name and phone number.



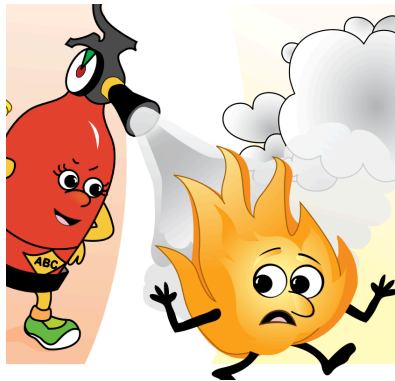
Pool Parties

- 1.) Locate and Identify all Flotation Devices
- 2.) Study two Water Safety Lesson Pages

Practice the Water Safety Rhymes.

*Water, Water, Stay Away.
Never go alone and play.*

Cookouts/Campouts



Select two Fire Safety lessons to practice . Show how water puts out campfires or barbecue fires. If you have a fire extinguisher, discuss how they work. Talk about fire danger and protecting nature. Use the first aid kit to show emergency first aid lessons and products.

Sleepovers

Whenever a group of children are staying overnight at your home, gather everyone together to discuss and practice a fire/emergency escape plan to a safe place.



Field Trips

Talk about what to do if you get separated from your family or lost. Practice the identification of safe people in various locations and situations. Ask everyone in the group to each find one safe person, then ask what they would say when they talk to that person. See who knows parents' names or phone numbers.

