



CONSTRUCTION PRE-EMPLOYMENT TRAINING PROGRAM

Pre-Apprenticeship Training for the Skilled Trades

VIEWBOOK 2026

BUILDING CONFIDENCE. REAL SKILLS. START STRONG.

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A MESSAGE FROM THE PROGRAM DIRECTOR

The skilled trades are built through experience, repetition, and time. No short training program can replace years on the job and that is not the purpose of this one.

Construction Fundamentals is designed to give learners a strong and practical start. This pre-apprenticeship program helps students build confidence, develop work-ready habits, and gain exposure to the tools, materials, safety practices, and expectations of the construction industry. It is a starting point for people who want to explore the trades, prepare for apprenticeship, and begin building a future in a high-demand workforce.

Our goal is not to train perfect carpenters overnight. Our goal is to help learners become capable, dependable, and efficient entry-level workers from day one, workers who are ready to keep learning, keep improving, and grow with experience.



WELCOME TO CONSTRUCTION PRE-EMPLOYMENT PATHWAY PROGRAMS.

Construction Pathway programs is a hands-on introductory training program designed for prospective workers who want a practical entry point into the construction industry.

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ABOUT US

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OUR MISSION

To deliver practical pre-apprenticeship construction training that helps learners develop foundational skills, safe work habits, and the confidence to begin their journey in the skilled trades.

OUR VISION

To create confident, work-ready learners who can grow into the skilled trades through experience, apprenticeship, and lifelong learning.

Students are introduced to essential construction knowledge, safe work habits, common tools, framing concepts, materials, basic finishing exposure, and professional jobsite expectations. The program combines short-course learning with practical demonstration time so learners can connect classroom instruction with the realities of the work environment.

This training is especially suited to individuals who want a head start before entering apprenticeship, exploring the trades for the first time, or building enough confidence to begin pursuing opportunities in construction.



STUDENT-FOCUSED

Learner success is at the center of what we do. We are committed to helping students build confidence, practical understanding, and a stronger sense of readiness as they begin exploring careers in the skilled trades.

PRACTICAL TRAINING

Learner success is at the center of what we do. We are committed to helping students build confidence, practical understanding, and a stronger sense of readiness as they begin exploring careers in the skilled trades.

WORKFORCE READINESS

We focus on more than technical basics. Students are introduced to the habits employers value most, including punctuality, preparedness, accountability, safe work practices, and professionalism on site.

ACCESSIBLE PATHWAYS

This program is designed to support aspiring apprentices, beginners, career changers, and second-chance learners who want an approachable entry point into the trades.

QUALITY LEARNING

The program is structured to give learners a strong foundation in construction practice while reinforcing that real mastery comes through continued experience, mentorship, and time in the field.

COMMUNITY IMPACT

By helping more people enter the trades with confidence and practical awareness, we support workforce development, greater self-reliance, and stronger communities.



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WHAT MAKES OUR PROGRAMS DIFFERENT

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PRACTICAL APPROACH TO INDUSTRY REQUIREMENTS

Construction is learned over time. This program is designed around that reality. Students do not just receive theory – they are introduced to the expectations, pace, and habits that matter on real job sites.

A HEAD START TOWARD APPRENTICESHIP

This is a pre-apprenticeship training program created for individuals who want to move toward apprenticeship with stronger confidence, better awareness, and practical exposure to the field.

BUILT FOR BEGINNERS

Learners do not need prior construction experience to begin. Even students with no previous tool knowledge can build confidence and gain meaningful entry-level understanding.

INDUSTRY-RELEVANT SKILLS

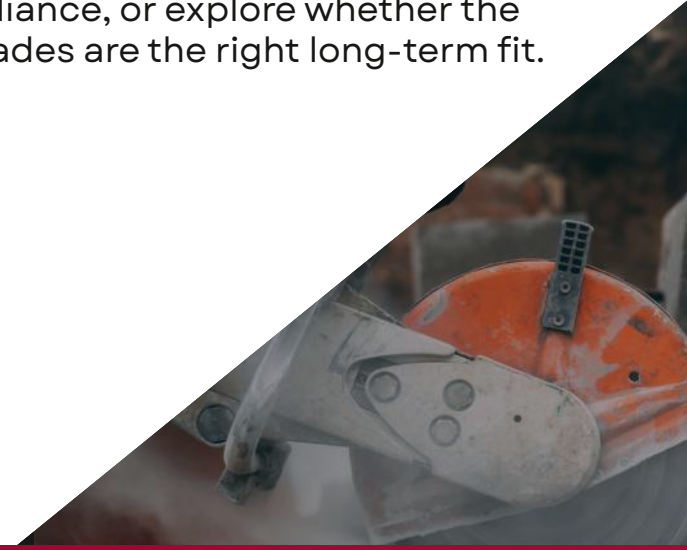
Training focuses on practical topics such as tools, framing, materials, safety, equipment maintenance, and jobsite professionalism, the same core areas that support stronger entry into construction environments. The training PDF centers heavily on safety, hand and power tools, framing, layout, and jobsite conduct.

CONFIDENCE FROM DAY ONE

The purpose of the program is to help learners become employable, coachable, and work-ready early in their journey, while understanding that mastery comes with time in the trade.

PATHWAY TO EMPLOYMENT AND GROWTH

The program supports learners who want to work, continue into apprenticeship, improve self-reliance, or explore whether the trades are the right long-term fit.





WHO IS THIS PROGRAM FOR?

This program is designed for:

- Individuals considering a future in the skilled trades
- Learners preparing to enter apprenticeship pathways
- People seeking a second chance or a fresh start in a practical career field
- Newcomers or career changers looking for workforce entry skills
- Beginners who want to explore construction before making a long-term commitment
- Homeowners or hands-on learners who want foundational construction understanding
- Individuals who want a crash course in becoming more useful, confident, and jobsite-ready

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PROGRAMS AND STRUCTURE

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CONSTRUCTION FUNDAMENTALS IS DELIVERED THROUGH SHORT, FOCUSED COURSES SUPPORTED BY A SHARED PRACTICAL DEMONSTRATION COMPONENT.

Programs Include

- Introductory technical instruction
- Guided demonstrations
- Practical exposure to tools and materials
- Job-site readiness training
- Two weeks of practical demonstration time
- Pre-apprenticeship preparation

Programs Available

- Construction Fundamentals
- House Framing
- Roofing & Exterior Work
- Drywall, Concrete & Finishing Basics
- Flooring & Tiling Basics
- Demolition, Site Preparation & Tool Maintenance
- New Brunswick Culture Immersion
- Social Responsibility Training





CONSTRUCTION FUNDAMENTALS

Course Overview

Construction Foundations gives learners the essential starting point for safe and effective work in residential construction. It introduces jobsite expectations, PPE, ladder use, fire safety, common materials, and the concepts of level and plumb before learners move into technical trade tasks.

What Students Will Be Taught

- Portable ladder setup, inspection, hazard awareness, three-point contact, and the 4-to-1 setup rule.
- Construction fire risks, flammable material handling, extinguisher basics, and the PASS method.
- Common materials including dimensional lumber, engineered wood products, OSB, plywood, and fasteners.
- Minimum PPE expectations and correct selection of hard hats, safety glasses, gloves, hearing protection, boots, and high-visibility gear.
- The difference between level and plumb, reading bubble vials, and choosing the right level for the task.

Learner Outcome

By the end of this course, learners understand the safety language, site awareness, and material basics required before taking on framing and tool-based work.



HOUSE FRAMING

Course Overview

House Framing introduces the structure of a residential wood-frame building and teaches students how the major framing components fit together from foundation to roof. The course emphasizes sequence, layout accuracy, rough openings, structural load transfer, and work quality.

What Students Will Be Taught

- The platform framing sequence including sill plates, joists, subfloors, wall framing, and roof framing.
- Identification of major framing members such as studs, plates, headers, trimmers, cripples, rim joists, rafters, trusses, and sheathing.
- Wall layout methods at 16 inches on centre and the use of clear markings to show stud position.
- Cutting and assembling wall sections, checking crown direction, and keeping repeated pieces consistent.
- Squaring methods, plumb checks, temporary bracing, and rough openings for doors and windows.

Learner Outcome

By the end of this course, learners can explain how a residential frame goes together and understand the sequence, terminology, and quality checks required in entry-level framing work.



ROOFING & EXTERIOR WORK

Course Overview

Roofing & Exterior Work introduces learners to the basic concepts, materials, and safety practices involved in exterior construction. The course focuses on exterior workflow, safe work at height, tool handling, and introductory knowledge of the systems that protect a residential structure from weather and environmental exposure.

What Students Will Be Taught

- Basic ladder safety and safe movement while performing exterior tasks.
- Introduction to roofing and exterior materials commonly used in residential construction.
- Safe handling and cutting practices for exterior materials, including appropriate blade use.
- Awareness of weather protection systems and the role exterior work plays in protecting the structure.
- Safe work habits while operating in exposed, elevated, or outdoor work areas.
- Cleanup, organization, and controlled workflow during exterior construction tasks.

Learner Outcome

By the end of this course, learners understand the basic purpose of roofing and exterior systems and can approach entry-level exterior work with stronger safety awareness and better workflow discipline.



DRYWALL, CONCRETE & FINISHING BASICS

Course Overview

Drywall, Concrete & Finishing Basics introduces learners to the foundational finishing and support work that contributes to both the interior and structural completion of a project. The course combines introductory awareness of drywall installation, concrete-related support tasks, and basic finishing principles that rely on preparation, control, and attention to detail.

What Students Will Be Taught

- Basic drywall workflow including measuring, handling, cutting, fitting, and fastening panels.
- Surface preparation and the importance of clean, accurate installation practices.
- Introductory finishing concepts such as seam treatment, patching awareness, and preparing surfaces for later stages of work.
- Basic concrete and masonry support concepts, including safe handling of materials, mixing awareness, and worksite preparation.
- Safe use of tools and materials associated with finishing and support tasks.
- The importance of consistency, patience, and neat workmanship in achieving quality results.

Learner Outcome

By the end of this course, learners understand the basic processes involved in drywall, concrete support work, and finishing tasks, and can contribute more effectively to interior and structural finishing environments.



FLOORING & TILING BASICS

Course Overview

Flooring & Tiling Basics introduces learners to the practical foundation of floor surface work in residential construction. The course focuses on layout awareness, surface preparation, material handling, safe cutting, and the importance of precision in flooring and tiling applications.

What Students Will Be Taught

- Basic floor and tile material awareness, including handling and storage practices.
- Surface preparation principles such as checking readiness, cleanliness, and levelness before installation.
- Introductory layout techniques used to improve appearance, fit, and efficiency during flooring and tiling work.
- Safe cutting practices for flooring and tile-related materials using appropriate tools and methods.
- The importance of measurement, planning, and alignment in achieving clean finished results.
- Good work habits such as maintaining clean work areas, protecting finished surfaces, and minimizing waste.

Learner Outcome

By the end of this course, learners understand the basic preparation, layout, and support practices involved in flooring and tiling work, and gain a stronger appreciation for precision and finish quality in residential interiors.



DEMOLITION, SITE PREPARATION & TOOL MAINTENANCE

Course Overview

Demolition, Site Preparation & Tool Maintenance teaches learners how to remove materials, prepare work areas, and care for commonly used tools in a safe, controlled, and professional way. The course emphasizes that demolition is not random tear-out; it is a planned activity that requires hazard checks, tool control, material awareness, and site readiness for the next phase of work.

What Students Will Be Taught

- Pre-demolition checks including identifying hazards, planning sequence, and protecting surrounding structures or finishes.
- Safe use of common removal tools and the selection of tools based on the material being removed.
- Debris handling, separation, cleanup routines, and work-zone control during site preparation tasks.
- Awareness of what may be hidden behind walls, floors, or fixtures, including the need to check for services before cutting.
- Preparing the site for the next phase of work such as framing, finishing, or renovation tasks.
- Basic tool maintenance including inspection, safe storage, blade awareness, cleaning, and recognizing when tools need adjustment or replacement.

Learner Outcome

By the end of this course, learners understand how to participate in demolition, site preparation, and tool care in a way that is safer, cleaner, and more useful to the overall project.



NEW BRUNSWICK CULTURE IMMERSION

Course Overview

New Brunswick Culture Immersion helps learners understand the workplace culture, communication norms, and team expectations they may encounter while training and working in New Brunswick. The course supports smoother transition into local work environments by focusing on behaviour, reliability, and interaction with others.

What Students Will Be Taught

- Workplace communication styles including asking questions clearly, taking direction respectfully, and following up when uncertain.
- Professional habits such as punctuality, preparation, consistency, and presenting a positive attitude on site.
- Team-based work expectations including helping co-workers, staying productive, and contributing to a respectful work environment.
- Understanding how local workplace culture values safety, accountability, straightforward communication, and dependable conduct.
- Awareness of how community values and work reputation can influence long-term employment success.

Learner Outcome

By the end of this course, learners have a clearer understanding of how to adapt to the communication style, expectations, and professional norms of local employers and crews.



CIVIC RESPONSIBILITY TRAINING

Course Overview

Social Responsibility Training helps learners understand the importance of accountability, respectful behaviour, and responsible participation in both workplace and community settings. The course reinforces that employability is shaped not only by technical ability, but also by conduct, trust, and the way individuals contribute to shared environments.

What Students Will Be Taught

- Basic ideas of responsibility, respectful conduct, and how personal behaviour affects workplaces and communities.
- Workplace rights and responsibilities at a practical level, including safety responsibility and respectful treatment of others.
- The importance of following rules, protecting shared spaces, and contributing positively to work and community environments.
- Accountability, dependability, and the connection between personal conduct and long-term employability.
- How responsible participation in work and community life supports personal success and team trust.
- The importance of honesty, professionalism, and respectful behaviour in building workplace reputation.

Learner Outcome

By the end of this course, learners understand the role that responsibility, conduct, and accountability play in employability, and are better prepared to contribute positively to both workplace and community settings.



PRACTICAL DEMONSTRATION APPROACH

Practical learning is a core part of all our programs. We believe skills are developed most effectively when learners are able to connect classroom instruction with real-world application through guided, hands-on exposure.

Across our programs, students take part in practical demonstrations that allow them to observe industry-relevant tasks, build familiarity with tools, materials, and processes, and strengthen safe and effective work habits through repetition and instructor support. This approach helps learners move from uncertainty to confidence while developing a stronger understanding of workplace expectations.

Our training model reflects the reality of skilled trades and hands-on industries: growth comes through practical experience, consistent effort, and continued learning over time. By combining instruction with demonstration, we help learners build a stronger foundation for employment, further training, and long-term career development.

Students who enroll in our Construction Programs Bundle also receive the added **benefit of a 2-week paid internship** with an industry partner. This internship provides valuable workplace exposure and gives learners the opportunity to apply their training in a real industry setting while building confidence, experience, and professional connections.

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FEE STRUCTURE

Our Construction Programs are designed to remain accessible while supporting practical skill development, workforce readiness, and long-term growth in New Brunswick. The training model emphasizes foundational construction skills, jobsite professionalism, and continued learning through hands-on exposure and real-world application.

INDIVIDUAL COURSE FEES

Each course in the Construction Program is offered at:

\$999 + HST PER COURSE

This applies to:

- **Construction Fundamentals**
- **House Framing**
- **Roofing & Exterior Work**
- **Drywall, Concrete & Finishing Basics**
- **Flooring & Tiling Basics**
- **Demolition, Site Preparation & Tool Maintenance**

When students enroll in the full Construction Program Bundle, the following courses are included free of charge:

- **New Brunswick Culture Immersion**
- **Social Responsibility Training**
- **2 Week Paid Internship with Industry Partner**

These two courses are included to support growth in New Brunswick by promoting workplace readiness, community understanding, and the right priorities for long-term success. Students enrolling in the bundle also get access to **Scholarships of upto \$1000**



TESTIMONIALS

What Graduates Say



“Before Skill Bridge NB, I had no experience in construction. The hands-on training and internship helped me learn in a practical way and feel more confident in a real work setting. The skills I gained through the program also helped me find work.”

~ Akash



“I was completely new to this field when I started. The program helped me understand the work, build useful skills, and gain experience in a real environment. After finishing, I felt much more prepared, and it helped me find work.”

~ Kashish



“I joined the program without any construction background, but the step-by-step training made it easier to learn. The internship was especially helpful because it showed me how things work on the job. It gave me real experience and helped me find work.”

~ Siddharth



TESTIMONIALS

What Partners Say

“Skill Bridge NB candidates come in with a solid foundation. They understand the basics and are easier to onboard compared to typical entry-level hires.”



“The candidates are prepared, willing to learn, and ready to contribute. The training and internship clearly make a difference.”



“We have had a good experience hiring from Skill Bridge NB. Candidates are job-ready, understand expectations, and are willing to put in the work.”



RESPONDING TO HOUSING AND LABOUR SHORTAGE

New Brunswick, like many regions, continues to face growing pressure from **housing demand and labour shortages in the skilled trades**. Programs like Construction Fundamentals help respond to that challenge by creating accessible entry points into the workforce.

This training gives more people the opportunity to explore careers in construction, begin building practical ability, and move toward employment in an industry that needs more capable workers. It creates pathways not only for future apprentices, but also for people seeking second chances, career transitions, or a fresh start in a hands-on field.

By helping beginners become more confident, more useful, and more work-ready, the program supports both individual opportunity and broader workforce development. Stronger entry pathways into the trades can contribute to more resilient communities, a stronger labour pipeline, and a more self-reliant workforce.

CAREER OUTCOMES AND LONG-TERM VALUE

This program is not intended to replace years of trade experience. Its value lies in helping learners take the first step with purpose.

Graduates leave with:

- stronger confidence around tools and construction environments
- practical exposure to foundational trade concepts
- better understanding of safety and site expectations
- early readiness for entry-level work and apprenticeship pathways
- improved self-reliance and practical problem-solving ability

Whether the goal is employment, apprenticeship, exploration, or personal skill development, this training helps learners begin with momentum.

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START STRONG IN THE SKILLED TRADES

Construction is an industry of lifelong learning. Skill is built over time, through hands-on experience, mentorship, and steady growth. Construction Fundamentals is designed to help learners begin that journey with stronger awareness, better habits, and greater confidence.

For those considering the trades, seeking a fresh start, preparing for apprenticeship, or looking to become more capable and self-reliant, this program offers a practical first step toward meaningful work and long-term growth.

**Build skills. Build confidence.
Build your future.**

