

Regular Events

Spring 2026

Every Monday	Weekly we have armchair yoga on a Monday that all residents are invited to come along and enjoy. If you would like to come and join in this gentle exercise, please let us know.
Tuesday's	Every 2 weeks we have our Hairdresser come into the home and residents can either book an appointment in advance or on the day.
Monthly	Monthly we have a Local Vicar come into the home for a church service all residents are welcome to come along. The vicar will also visit the residents in their own rooms. Dates and times are advertised to residents in advance.
Monthly	We have a singer, Imogen, that comes in once a month for the enjoyment of the residents, all are welcome.
Monthly	We are delighted to announce that the Kings Glory Church Choir will be visiting Lower Farm on the second Saturday of every month at 1.30pm, all are welcome.
Every 6 weeks	We are very lucky to have 2 lovely mobile Chiropodists come into the home to visit our residents.



Upcoming Events

Mother's Day - 15.03.2026

Easter Celebrations - 05.04.2026

Apetito Tasting - 14.04.2026

VE Day - 08.05.2026

Regular resident activities

Did you know our residents have plenty of activities to keep them entertained. These include quizzes, bingo (with prizes), flower arranging, baking, food tasting, Arts & Crafts to name but a few!

Our gardens in bloom

Lower Farm is lucky to have lovely ground around the home. Along with the pond, which is home to several types of aquatic birds, we have beautifully maintained gardens, thanks to our talented gardener John. The grounds can be enjoyed by both residents and their families.

Please can all visitors and Residents use the feed trays for the ducks to reduce pest activity in the grounds.

Everyone is welcome to enjoy our beautiful grounds, please let the team know if you require and cushions for the chairs to be put out for you.



Friends and Family Meetings

We have the following dates scheduled for 2026- 2027:

- 29.04.2026
- 22.07.2026
- 14.10.2026
- 06.01.2027

We are reaching out to request that families and friends please attend these meetings it is part of regulatory practices as meetings and feedback are received regarding the service we provide.

Within the next few weeks, we will be contacting families and friends to ask some short questions to gain feedback to see if we can improve our service.

Our New Website

We are pleased to announce the introduction of our new re-designed website.

The new website provides information relating to regulatory bodies reports as well as upcoming meeting and activities, including special events. There are also full colour photos showing facilities and rooms from around the home as well as staff profiles for the management and nursing teams.

Please take a look at our new website at www.lowerfarmnursing.co.uk

A date for your diary



We have already put in our diaries the summer BBQ date which will be held at Lower Farm on the 27th August 2026. We have arranged for an afternoon of entertainment, food and drinks for all residents and their families and friends.

We are having a summer raffle which will be drawn on the day if anyone would like to purchase raffle tickets these can be bought from Tina the activities Coordinator at £1 per strip. We are also asking for donations for raffle prizes please.

Introducing the Nursing Team

The nursing team consist of 6 members of staff they are led by the clinical lead which is Sarin Chandra. The nurses have a distinctive blue uniform and they are available 24 hours per day. We do ask families and friends to not speak to the nurses when they have their red aprons on that indicates that they are on medication round. We also welcome meetings with families and friends to discuss care plan reviews please see one of the nurses that can book you in for that.



Lower Farm Nursing Home
126 Grimston Road
South Wootton
King's Lynn
Norfolk. PE30 3PB

Contact details:
Registered Manager: Hayley Newton-Thomas
Telephone: 01553 671027
Email: enquiries@lowerfarmnursing.co.uk
www.lowerfarmnursing.co.uk