



"Helping drivers prepare for their medical evaluation."

Date: _____

Re: _____, DOT Medical Exam for Commercial Driving

DOB: _____

Dear Provider,

The above driver came to our office for a DOT medical certificate to drive a commercial motor vehicle. Before being qualified to drive, FMCSA medical guidelines require your assistance to determine if the driver is safe to operate a commercial vehicle. Drivers with a history of CABG must meet the following FMCSA medical guidelines to drive a commercial vehicle.

1. Minimum waiting period of 3 months post CABG
2. Healed Sternum.
3. LVEF greater than or equal to 40%.
4. Asymptomatic status with no angina
5. Tolerance to medications, no orthostatic symptoms.
6. Yearly exam and clearance by cardiologist.
7. Has no current diagnosis of CHD or CVD that exhibits syncope, dyspnea, collapse, or congestive heart disease that interferes with the safe operation of a commercial motor Vehicle

If the driver meets the above requirements, and your recommendation is that the driver can operate a CMV safely, please sign and date below and return this letter to our office by fax.

Signature

Date

Continued on next page

If the driver does not meet the above requirements, and your recommendation is that the driver cannot operate a CMV safely, please sign and date below and return this letter to our office by fax (insert fax number here).

Signature

Date

If the driver does not meet the above requirements and it is your opinion that the driver should be allowed to drive a commercial vehicle, DOT medical examiners may use discretion if there is sufficient medical reasoning for why the guidelines should not be followed. Should this be the case, please identify in the area below. which guideline is not met, and the medical reason the guideline does not need to be met. Then sign in the area provided and return a copy to our office.

Signature

Date

Print name or Affix stamp: _____

Address (City, State, Zip) _____

FMCSA regulations state that although the DOT Medical Examiner should consider the opinions of treating physicians, the DOT Medical Examiner is responsible for making the final determination of driver status. Please contact our office if you have any questions or concerns.

Thank you for your assistance.