



Chase Sample

OFF: Running Back

DEF: Linebacker

#24

 Tryouts / Evals

AGE

11 yrs

DOB

Jan 25, 2015

HEIGHT

5'2"

WEIGHT

106

COACHES' OBSERVATIONS

What the coaching staff loves about Chase: Chase's work ethic and enthusiasm are awesome. The coaches love his attitude and look forward to focusing on development of fundamentals with him.

What the coaching staff would like to see more of from Chase: The coaches want to see Chase work on his listening and focus - particularly between reps when in line with the other players.

GENERAL OBSERVATIONS

Chase is a developing Running Back / Linebacker with a solid foundation and clear areas of strength to build from. For Intangibles, Coachability and Work Ethic stand out as particular strengths. On the football skills side, Ball Skills is an area for increased focus work. He ran a strong 40-yard dash of 6.25s, ranking 0th among running backs on the roster.

METRICS (Tryouts / Evals)

6.25_s

40-Yard Dash

5.95_s

3-Cone Drill

26_{reps}

Push-Up Max

ASSESSMENT SCORE CALLOUTS (1-5 SCALE)

Strengths

◆ Coachability 5

◆ Work Ethic 4

◆ General Athleticism 3

Areas for Development

▸ Ball Skills 2

▸ Team Socialization 3

▸ Read & React 3

GAME READINESS & PLAYING TIME EXPECTATIONS

IN-GAME TEMPO / INTENSITY

Developing

IN-GAME CONTACT COMFORT

Satisfactory

PLAY / SCHEME EXECUTION

PHYSICAL AWARENESS & SAFETY

Chase's game readiness assessment reflects an emerging in-game skill set that is still progressing. Chase rates satisfactory in in-game contact comfort and physical awareness and safety. Chase continues to develop the ability to manage in-game tempo and intensity and scheme execution proficiency, which should remain a focal point in practice. Coachability assessment scoring (5/5) is an encouraging indicator — Chase demonstrates the aptitude to absorb scheme instruction and should improve with continued repetition. Based on this assessment, Chase can benefit from game experience in structured, lower-pressure situations while development continues. A measured and deliberate approach to playing time is recommended.

RECOMMENDED PRIORITIES

1. Practice catching with hands only — no body catches. A tennis ball with a partner is a great daily drill for tracking the ball all the way into your hands. Focus on eyes-to-hands contact and tucking immediately after the catch. 50 reps a day builds the habit.
2. Make a point to encourage at least two teammates by name during every practice. Building the habit of positive communication — calling out good plays, helping up a teammate — creates the trust that teams run on.
3. Before every snap in practice, identify one thing about the defense out loud — where the linebackers are lined up, or whether the safety is deep or shallow. Building this habit in practice is what makes it automatic in games.